

# Mel Robbins



**Availability:** Get a Quote for Availability

## Short Description

Have you ever felt so stuck you wanted to give up? Well, that was me. One night, I was drowning my sorrows in bourbon, feeling like the world's biggest loser, when suddenly a rocket shot across my TV screen during a commercial and it gave me a crazy idea - *what if, when the alarm rang, instead of thinking, I launched myself out of bed like a rocket.*

## About



Mel has a very personal and profound message to share with the world. The secret to changing your life is five simple seconds. And she can prove it.

If you're looking for someone remarkable on the topic of motivation and change, you just found her. My message is deeply relatable, actionable, and proven—and it's changing lives around the world. Whether you're trying to motivate 25,000 direct sales consultants in a stadium or a dozen Fortune 10 executives in a boardroom, I will not only inspire your audience to change, but I'll also teach them how and prove everything I say with science. If you are interested in learning more, we would love to speak to you.

## Videos

**Requirements**

|             |                 |
|-------------|-----------------|
| Engagement  |                 |
| Price Range | \$75K to \$100K |